## LINKING HEALTH, WELLNESS AND HOSPITALITY

12<sup>TH</sup> WORLD CONGRESS ON SNOW, MOUNTAIN AND WELLNESS TOURISM

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### WELLNESS TOURISM PROJECTED TO REACH \$1.4 TRILLION BY 2027

Source: Global Wellness Institute



### HEALTH WELLNESS IS A LIFELONG JOURNEY

Optimal health is not a state achieved after a single intervention, rather a lifelong journey impacted by many different lifestyle factors

RESILIENCE &
ADAPTABILITY IMPI
HEALTHSPAN



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# CHENOT PROVIDES THE TOOLS & INSIGHTS TO LIVE WELL

Chenot retreats offer a cellular reset achieved by completing a medically supervised detox, designed to respect the body as a system, delivered with exceptional hospitality.

### THE CHENOT METHOD®

PERSONALISATION



CHENOT DIET



HYDROTHERAPY



MASSAGE



TCM

















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#### PERSONALISATION – RESULTS DRIVEN PROGRAMMES

CHENOT - UN TOURISM



